

## **ALCOHOL AND DRUG STUDIES**

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San José City College offers both an Associate in Arts (AA) and an Associate in Science (AS) degree in Alcohol and Drug Studies. Students planning to transfer should follow the AA degree. The San José City College Chemical Dependency Certificate program is designed to meet the California Consortium of Addiction Professionals and Programs (CCAPP) requirement of 315 hours of approved Alcohol and Drug training education; and 255 hours of Supervised Practicum. In addition the ADS program meets the requirements of the California Association of Alcohol and Drug Counselors (CAADE) with the General Psychology, Abnormal Psychology, and Social Programs certificate requirements.

Completion of the above requirements prepares students to sit for the written examination given by CCAPP, which is the first step toward certification. Following completion of the written examination, CCAPP Interns are required to document 4,000 to 6,000 hours or 2 years full time supervised work experience as a drug and alcohol abuse counselor. Completion of 4,000 to 6,000 hours will entitle Interns to apply for CADCI or CADCII status. When both the written and oral examinations have been successfully completed, the California Consortium of Addiction Professionals and Programs (CCAPP) will award the following certification: Certified Alcohol and Drug Counselor I (CADCI) - 4,000 hour supervised work; Certified Alcohol and Drug Counselor II (CADCII) -2 years full time or 6,000 hour of supervised work. The entry-level certificate program is designed to provide beginning Chemical Dependency information to prepare students to apply for positions in Chemical Dependency Treatment. It is our hope that this beginning certificate will meet the trend of increased professionalism in the Chemical Dependency Treatment field in Santa Clara County. Entry level positions include: Night Monitor, Counselor Assistants, Detoxification Staff, Program Managers, and On-Call Counselors.

The AA degree is especially important for those students who desire future employment in a treatment facility. This degree may not transfer to all universities, and students need to inquire of the universities if they have bachelor's degree for their upper division course work.

### **CAREER OPTIONS:**

- Counselors in a Social Model county residential program
- Counselors in Pre-treatment, Inpatient, Outpatient, and After Care programs in hospital-based
- Adolescent and Youth Programs
- Chemical Dependency Marketing
- Chemical Dependency Community Prevention and Education
- Recovery/Relapse counseling in the private sector upon completion of the CAADAC Certification process
- Criminal Justice Treatment Programs
- DUI Education

**FOR ADDITIONAL INFORMATION, SEE A COUNSELOR, VISIT THE CAREER/TRANSFER CENTER, OR CONTACT:**

Mary Crocker Cook, [mary.cook@sjcc.edu](mailto:mary.cook@sjcc.edu)  
CAADAC  
Humanities and Social Sciences Division  
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408-288-3785  
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## ***AA Alcohol and Drug Studies***

At the completion of this program, students will be able to:

- Utilize the Twelve Core Functions and Global Criteria in the classroom and Supervised Practicum placements.
- Analyze and describe the physiological and pharmacological aspects of substance abuse and dependence. This includes how drugs affect different body system, cause side effects, and impacts the community as a whole.
- Follow a client from the point of program entry to discharge, and complete all treatment planning and case management connected to that case.
- Classify themselves as professional counselors, committed to the CCAPP Ethical standards as evidenced by completion of the Ethics and Professional Developmental course, and the signed Ethics Code submitted in the Supervised Practicum A and B course.

A minimum of 3 courses in the major must be taken at San José City College.

A grade of “C” or better is required in each course in the major for graduation.

### **MAJOR REQUIREMENTS:**

		<b><u>UNITS</u></b>
ADS 070	Introduction to Chemical Dependency	3
ADS 071	Pharmacology/Physiology of Addiction	3
ADS 072	Codependency & Family Dynamics	3
ADS 073	Case Management	3
ADS 074	Ethics, and Personal and Professional Growth	3
ADS 075	Individual, Family, Group Counseling	3
ADS 076	Law and Prevention: Community Response	3
ADS 077A	Supervised Practicum A	3
ADS 077B	Supervised Practicum B	3
ADS 138	Work Experience	<u>2</u>
<b>TOTAL</b>		<b>29</b>

### **A.A. DEGREE REQUIREMENTS:**

MAJOR REQUIREMENTS	29
GENERAL EDUCATION PATTERN/GRADUATION REQUIREMENTS	39
PHYSICAL ACTIVITY	<u>1</u>
<b>TOTAL REQUIRED UNITS</b>	<b>69</b>

**Note:** ADS 070, 071, 073, 074, 075 are required prior to taking ADS 077A & 077B Supervised Practicum.