

**San José City College**  
**Associate in Arts for Transfer Degree**  
**2016-2017**

---

**AA-T PSYCHOLOGY**

---

The Associate in Art in Psychology for Transfer (AA-T) degree meets the lower division course requirements necessary for the California State University (CSU) system. Psychology is the scientific study of human behavior and mental processes, including cognition, emotion, sensation, perception, and interaction. In the 21<sup>st</sup> century, psychology is moving rapidly as an integrative, multidisciplinary science. In pursuing the Associate in Arts in Psychology for Transfer degree, students acquire skills in research, information gathering, and analytic thinking. Students majoring in psychology develop critical thinking, problem solving, and written and verbal communication skills. As psychology majors, students have learning opportunities that are relevant to many types of careers, including business, education, government, nonprofit organizations, and within health and human services.

After completing program students will be able to:

- Describe and interpret various theoretical approaches in the field of Psychology
- Analyze applications of psychological principles and practices
- Select and employ relevant research techniques to obtain knowledge and solve problems
- Identify and critique trends and issues in contemporary society related to the field of psychology
- Evaluate psychology as a discipline in the social sciences

**To be awarded the Associate in Arts in Psychology for Transfer degree, students must:**

- (1) Complete 60 semester units or 90 quarter units which are eligible for transfer to the California State University (CSU) system, including both of the following:
  - (A) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements.
  - (B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
- (2) Obtain a minimum grade point average of 2.0.

*While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information.*

Associate Degrees for Transfer (ADTs) also require that students must earn a “C” or better in all courses required for the major or area of emphasis. A ‘P’ (Pass) grade is acceptable grade for courses in the major if the course is taken on a “pass/no pass” basis.

**FOR ADDITIONAL INFORMATION, SEE A COUNSELOR, VISIT THE CAREER/TRANSFER CENTER, OR CONTACT THE FOLLOWING:**

Mary Conroy, [mary.conroy@sjcc.edu](mailto:mary.conroy@sjcc.edu)  
Suzanne Gutierrez, [suzanne.gutierrez@sjcc.edu](mailto:suzanne.gutierrez@sjcc.edu)  
Humanities and Social Sciences Division  
San José City College Web Page

408-288-3785  
[www.sjcc.edu](http://www.sjcc.edu)

---

## ***AA-T PSYCHOLOGY***

---

### **MAJOR REQUIREMENTS (CORE, List A, List B and List C):**

<b><u>REQUIRED CORE COURSES</u> – 9 units</b>	<b><u>UNITS</u></b>
MATH 063      Elementary Statistics	3
PSYCH 010     General Psychology	3
PSYCH 022     Research Methods in Psychology	3
<b><u>LIST A</u> –3 units</b>	
PSYCH 031     Biological Psychology	3
<b><u>LIST B</u> – Select 1 course (3 units):</b>	
PSYCH 012     Social Psychology	3
PSYCH 092     Developmental Psychology	3
<b><u>LIST C</u> – Select 1 course not taken in LIST B - or - (3 units)</b>	
PSYCH 020     Psychology of Stress Reduction	3
PSYCH 035     Psychology of Women	3
PSYCH 060     Personal Growth and Adjustment	3
PSYCH 100     Human Sexuality	3
<b>Total Units from CORE, List A, List B and List C</b>	<b>18</b>

### **AA-T DEGREE REQUIREMENTS:**

MAJOR REQUIREMENTS	18
CSU GE OR IGETC PATTERN	37 or 39
TRANSFERABLE ELECTIVES	12 - 18
<b>TOTAL REQUIRED UNITS</b>	<b>60</b>