

San José City College
Associate in Science for Transfer Degree
2021-2022

Nutrition and Dietetics AS-T

This degree prepares students to transfer to Nutrition and Dietetics four-year programs, and provides students opportunities to become dietitians, nutrition counselors, nutrition educators, and sports nutritionists. Nutrition is critical to medicine, health, and physical fitness: professions with rapid growth and demand.

The Associate in Science in Nutrition and Dietetics for Transfer degree will be awarded upon completion of coursework totaling 60 California State University (CSU) transferable units including the major requirements and the Intersegmental General Education Transfer Curriculum (IGETC) or California State University General Education (CSU GE) requirements with a minimum grade point average of 2.0. All courses in the major must be completed with a grade of "C" or better.

Upon the completion of the program, students will be able to:

- Assess the role of nutrients in the body, proper dietetic nutrient levels, and the effects of deficiencies upon the body.
- Examine and compare various food preparation methods, ingredient functions and interactions to retain maximum nutritional value and aesthetic appeal for foods in all food groups.
- Appraise scientific principles, basic terminology and techniques of food preparation.

To be awarded the Associate in Science in Nutrition and Dietetics for Transfer degree, students must:

(1) Complete 60 semester units or 90 quarter units which are eligible for transfer to the California State University (CSU) system, including both of the following:

(A) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education (CSU GE) – Breadth Requirements.

(B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.

(2) Obtain a minimum grade point average of 2.0.

While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information.

FOR ADDITIONAL INFORMATION, SEE A COUNSELOR, VISIT THE CAREER/TRANSFER CENTER, OR CONTACT THE FOLLOWING:

Humanities and Social Sciences Division
San José City College Web Page

408-288-3785
www.sjcc.edu

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Associate Degrees for Transfer (ADTs) also require that students must earn a “C” or better in all courses required for the major or area of emphasis. A ‘P’ (Pass) grade is acceptable grade for courses in the major if the course is taken on a “pass/no pass” basis.

MAJOR REQUIREMENTS

REQUIRED CORE - 4 courses (16 units):

	<u>UNITS</u>
FCS 019 Nutrition	3
PSYCH 010 General Psychology	3
BIOL 074 General Microbiology	5
CHEM 001A General Chemistry	5

LIST A - Select 2 courses* (8-10 units):

CHEM001B General Chemistry	5
BIOL071 Human Anatomy -OR-	5
BIOL072 Human Physiology	5
MATH063 Elementary Statistics	3

LIST B - Select 1 course* (3-4 units):

Note: Course must not have been used above.

FCS 018 Principles of Food with Lab	3
CHEM 015 Fundamentals of Chemistry	4
CHEM 032A Intro to General, Organic, & Biological Chemistry	4
CHEM 032B Intro to General, Organic & Biological Chemistry	4
MATH 063 Elementary Statistics	3

Total Units from CORE, List A and List B **27-33**

* Consult with a counselor to determine which courses are applicable within the major at the CSU you are planning to transfer to.

AS-T DEGREE REQUIREMENTS:

MAJOR REQUIREMENTS	27-33
CSU GE or IGETC PATTERN	39 or 37
TRANSFERABLE ELECTIVES	0-9
TOTAL UNITS REQUIRED	60